

StUpId GiRLS

Matt Sexton

Advanced Challenge

CD: I'm Not Dead by Pink
Choreo: **Matt Sexton**, CCI 1200 Kennesaw Drive, Johnson City, TN 37615
Phone: 423-282-5065 - E-mail: DancExpCloggers@aol.com
Music: Hip-Hop/Rhythmic
Sequence: Wait 16 Beats – 1/2C – A – B – C – Break – A – B – C – Break – D – C – C

Part A(64 Beats)

Dbl Skuff L Hp Hp Sk Up S K S S T Ba To (turn 1/2 R)
R Dt Dt S T Ba S Sk Up To Up Hp Dt R
& a 1 a & a 2 & a 3 & 4 & a 5 & 6 & a 7 & a 8

Dbl Dbls L Dt Dt Dt Dt Hp Bo\ H(w) Fl Ba T Ba
R Dt Dt Dt Dt Dt Bo H(w)/ Fl Ba T Ba Hp
& 1 & 2 & 3 & 4 & a 5 & 6 e a & 7 e a & 8
Repeat both steps to face the front

Part B(16 Beats)

Buck Skuff L Ds HS Hp Sk Fl S Hp T Ba Sk Up Hp Pull Back
R T Ba Sk Fl S Hp Sk Fl S HS Fl T To
& 1 a & a 2 a & a 3 a & a 4 a & a 5 a & a 6 a & a 7 & a 8
Turn 1/2 Left on the Buck Skuff and Repeat to face the Front

Part C(64 Beats)

Toe Step L Ds HS S(ib) Click Hp Toe Stand To
R T Ba Dt R Dt Up To Click Dt Up To Up To Dt R Hp
& 1 a & a 2 a & a 3 a & a 4 & a 5 a & a 6 & a 7 a & 8

DE L Hp Hp Bo To S Hp Fl S S K To
R Dt(os) Dt(f) Bo P. Bck Sk Up Fl S To Hp P. Bck Dt Fl R
& a 1 a & 2a & 3a & a 4a & a 5 & 6a & a 7 & a 8

Push L Lift/ S Twist Lift H Hp Hp Sl
R S Twist\ Dt Up Dt Up Ba
1 2 & 3 4 5 & a 6 & a 7 & 8

Can. T. Gall L Ds T Ba T Ba To Ds Hp Toe To Up
R Hp Hp Dt R Dt Toe Dt R
& 1 & a 2 & a 3 a & a 4 & 5 a & a 6 & 7 a & 8

Break(4 Beats) Two Canadian Basics

Part D(32 Beats)

Toe Spin L Hp Bo T Ba R S Fl R Bo(apart) Bo(tog) Spin(3/4 L) S
R Dt Bo T Ba S Fl R R S Bo Bo Sk Up Fl S
& a 1 & a 2 a & a 3 a & a 4 a & 5 & 6 & 7 & a 8
Repeat 3 Times to Make a Box