



Riding Alone

Artist: Rednex
 CD: Sex and Violins 01241-46000-2 R
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Techno-Country
 Intermediate, 3:26
 Potomac Double Down
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Sequence: Wait 32 Break1 A B C A B C D Break2 A B C A B

Break 1

Stampede STO DS S STO DS S STO DS DS RS Repeat opposite foot
 L R L R L R L R L RL
 1 &a2 & 3 &a4 & 5 &a6 &a7 &8

Part A

Rocking Horse, DS BR H/Chug DS T(ib) H DS Tch(if) H Tch(ots) H Tch(ib) H
 Donkey L R L/R R L R L R L R L R L
 &a1 & 2 &a3 & 4 &a5 & 6 & 7 & 8

Samantha DS DS(xif) DR S DR S RS DS DS RS (full turn left)
 R L L R R L RL R L RL
 &a1 &a2 & 3 & 4 &5 &a6 &a7 &8

2 Ponies, DS R(xif) S DS R(xif) S DS DS DS RS
 Triple R L R L R L R L R L R LR
 &a1 & 2 &a3 & 4 &a5 &a6 &a7 &8

High Horse DS DT(xif) H DT(ots) H S S S SL DS DS RS
 L R L R L R L R R L R LR
 &a1 &a 2 &a 3 & 4 & 5 &a6 &a7 &8

Part B

Cowboy DS DS DS BR H/Chug (turn ¼ left) DS(xif) R S(xif) R S(xif) R S(xif)
 L R L R L/R R L R L R L R
 &a1 &a2 &a3 & 4 &a5 & 6 & 7 & 8
 (moving forward) (moving toward the back)

2 KY Drags, DS DR S DS DR S DS(turn ¼ L) H-Flap S H-Flap S H-Flap S
 Gallop L L R L L R L R L R L R L
 &a1 & 2 &a3 & 4 &5 &a 6 &a 7 &a 8
 (moving forward toward the back)

(moving left toward the back)

Flare Kicks DS DT(ib) H RS DT(ib) H RS DS DS RS
 R L R LR L R LR L R LR
 &a1 &a 2 &3 &a 4 &5 &a6 &a7 &8
 (facing the back, and moving left)

Polo Turn, DS DT H DT H RS (turn ½ L DS DS DS RS
 Triple L R L R L RL to front) R L R LR
 &a1 &a 2 &a 3 &4 &a5 &a6 &a7 &8

Part C

Kick-n-Go, Chain	DS BR H/Chug R(if) S R(if) S L R L/R R L R L &a1 & 2 & 3 & 4	DS RS RS RS R LR LR LR &a5 &6 &7 &8 (turn 1/2 R to back)
Brush Around	DS DT(xif) H DT(ots) H BR(around ib) H BR(if) H DS RS BR Chug/H L R L R L R L R L R LR L L/R &a1 &a 2 & 3 & 4 & 5 &a6 &a7 & 8	
< Repeat all >	to face front	

Part D

Mountain Goat, Whoe, Nellie	DS S(if) S S(ots) S S(ib) SL/Chug L R L R L R R/L &a1 & 2 & 3 & 4	RS DS DS RS LR L R LR &5 &a6 &a7 &8
2 Quarter Kicks, Wild Horse Kick	DS K (turn 1/4 L) DS K (turn 1/4 L) L R R L &a1 2 &a3 4	Kick-R Kick-L Kick-fwd Kick-fwd R L R L 5 6 7 8
Mountain Goat Whoe, Nellie 2 Quarter Kicks	end facing front	
Clicker	B-H B-H Click Click (click heels together) L R B B &5 &6 8 8	

Break 2

3/4 Stampede (L, 1/2 R)	STO DS S STO DS S STO DS DS RS L R L R L R L R L RL 1 &a2 & 3 &a4 & 5 &a6 &a7 &8	STO DS S STO DS S R L R L R L 1 &a2 & 3 &a4 &
Galloping Hands	Slap Clap Slap Slap Clap Slap Slap Clap Slap Slap Both Both R L Both R L Both R L 5 & a 6 & a 7 & a 8	(slap: hands to thighs) (no feet)



Abbreviations

S: step	DR: drag	T: toe (tip)	xif: cross in front	STO: stomp
DS: double step	SL: slide	B: ball or both	ots: out to side	K: kick
RS: rock step	BR: brush	H: heel	if: in front	Chug: bent knee kick
DT: double toe	SK: scuff (heel)	Tch: touch	ib: in back	Flap: drop ball of foot to floor